



**FEDERACION DOMINICANA DE LEVANTAMIENTO DE
PESAS**
Campeonatos Centroamericanos y del Caribe de Mayores 2025
6 AL 13 de diciembre 2025
Santo Domingo, República Dominicana



**PRESIDENTS/ GENERAL SECRETARY
NATIONAL WEIGHTLIFTING FEDERATIONS AFFILIATED TO THE PAWF**

OFFICIAL INVITATION

Dear Friends,

The Dominican Weightlifting Federation has the commitment to organize the **Senior Central American and Caribbean Championships 2025**, to be held in Santo Domingo, capital city of the Dominican Republic from December 6th to 13th, 2025.

The Pan American Weightlifting Federation and the Dominican Weightlifting Federation invite to all the affiliated federations to participate in such event, qualification event to the **XXV Central American and Caribbean Games Santo Domingo 2026**.

The Organization of these Championships is a challenge for the Dominican Republic, but we strongly believe that we count on the human and technical resources to give to our region a championship worthy to participate.

Please find enclosed the Rules and Regulations and competition calendar which will guide these Championships.

We hope to welcome you with open arms and offer you the most cordial reception to all the weightlifting family of the continent.

With warm and affects,



Lic. WILLIAN FELIX OZUNA
Presidente



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COMPETITION REGULATIONS

GENERAL CONDITIONS

The competitions will be held in accordance with the IWF Technical and Competition Rules and Regulations (TCRR) and will be under the control of the Pan American Federation.

TRAINING AND COMPETITIONS VENUE

The training hall and the competition venue will be in the Weightlifting Pavilion Dr. JOSE J. PUELLO, located in the Parque Deportivo del Este, Provincia Santo Domingo.

ELEGIBILITY

Athletes born in or before 2010 (aged 15 years) are eligible to participate.

In accordance with Article 5.5.16 of the IWF Anti-Doping Rules Athletes, whereabouts information shall be submitted at minimum three (3) months prior to the Event (by 8th September 2025).

In case you and/or your Athletes encounter any difficulties related to whereabouts submission, please report it IMMEDIATELY at iwf@ita.sport

This is strongly recommended that all participating Athletes must successfully complete the WADA ADEL for Athletes online course prior to competing. The course can be found at the following link: <https://adel.wada-ama.org/>

As with the IWF ILiftClean platform, athletes and support staff (coaches, team doctors) must register on the site, watch the videos and successfully complete the questionnaire at the end to receive the certificate. The certificates can be sent to: weightlifting.education@ita.sport.

Should athletes and athlete support personnel (coaches, team physicians, etc.) have any problems with the registration process, please contact WADA at adel@wada-ama.org.

EVENTS CATEGORIES

WOMEN (8): 48kg, 53kg, 58kg, 63kg, 69kg, 77kg, 86kg y +86kg

MEN (8) : 60kg, 65kg, 71kg, 79kg, 88kg, 94kg, 110kg y +110kg

ENTRIES

Preliminary entries will be accepted until October 8, 2025, and up to 16 (sixteen) athletes per gender may be registered. After that date, athletes may not be added or changed. For administrative reasons, National Federations must declare the number of participating officials.



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Final entries will be accepted by November 8, 2025. Only athletes and officials who have been preliminarily registered may be confirmed. The final list may include up to 10 (ten) athletes per gender (8 starters + 2 reserves).

Athletes must be registered through the ENTRY-PAWF Online Registration System.

<http://dataentry.pesasamerica.org/>

The **Final Verification** will be carried out on December 1, 2025, online, and up to 8 (Eight) athletes per gender may be included.

The following documents must be completed by November 15, 2025, in the ENTRY-PAWF online registration system:

- Accommodation and Transportation Form:

The transportation form must indicate the airline, flight number, and exact arrival and departure times for each participant. Any changes to the travel schedule must be communicated in advance.

- Copy of passport and photos for accreditation.

Note: If you have any question or difficulty, please contact the LOC to:

dosmilsonrisas@yahoo.com o luig45@yahoo.com

ACCOMMODATION

Hotel Costa Caribe, Playa Juan Dolio.

Meal Time

Main restaurant

Breakfast: 6:30 to 10:30

Lunch: 12:30 to 14:30

Dinner: 18:30 to 22:00

We have snack from 11:00 until 18:00 and from 23:00 to 06:00

Coffee Shop from 07:00 to 22:00

Note: It is in the all-inclusive package





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FINANCIAL CONDITIONS

• The following amounts will be paid for accommodation, food and internal transportation, for a minimum of four (4) nights:

- Double room \$120.00 American US dollars, per PERSON/NIGHT all-inclusive and
- Single room \$140.00, per PERSON/NIGHT all inclusive.

Hotel check-in is at 15:00; therefore, the Organizing Committee is NOT responsible for allocating rooms to those arriving before this time.

Check-out is at 12:00 M; therefore, the Organizing Committee is NOT responsible for reserving rooms after this time.

No-Show Fees: If one or more participants in the delegation do not arrive on the date specified in the Accommodation and Transportation Form and have not informed the Organizing Committee by December 1, 2025, the delegation must pay to the Local Organizing Committee a per-person "No-Show" fee. The fee is equal to the Accommodation Fee per person/day. If one or more participants are one or more days late, the delegation must pay for all days specified in the submitted Accommodation and Transportation Form. Accommodation and Transportation information registered through the ENTRY-PAWF must be submitted no later than December 1, 2025. In case you require additional hotel rooms, the LOC cannot guarantee that additional members of your team will be accommodated in the same hotel.

ENTRY FEE

COST USD\$225.00 PER PERSON (includes 100USD Special AD fee)
OFFICIALS AND OTHERS US \$125.00 PER PERSON

PAYMENT METHODS

• Entry fees and lodging, may be paid by cash on arrival in the accreditation center or by wire transfer

• BANK ACCOUNT DATA FOR WIRE TRANSFER

BANCO BENEFICIARIO: BANCO POPULAR DOMINICANO
SWIFT: BPDODOSX



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IBAN: 57635761

NUMERO DE CUENTA: 769615600

BENEFICIARIO: FEDERACION DOMINICANA DE LEVANTAMIENTO DE PESAS

ACCREDITATIONS

Accreditations will be issued upon arrival at the official hotel. Your delegation must be up to date with all entries and accommodation fees. A photo and passport of each member of the delegation must be presented at the time of accreditation.

TERMS AND CONDITIONS OF PARTICIPATION

Accredited participants: athletes, team officials, technical officials (TO), media, guests, etc. must:

- Recognize and fully comply with the IWF Constitution and Rules and PAWF, the IWF TCRR, the IWF Anti-Doping Rules (ADR) and the Protocols IWF COVID-19;
- Comply with all reasonable instructions given by the PAWF, the Local Organizing Committee (LOC);
- Accept any award or prize given by the PAWF and/or the LOC/Sponsors, and will attend all special awards ceremonies where prizes or awards are presented;
- Attend the press conference at the request of the PAWF/LOC;
- Not participate in, support or promote illegal gambling;
- Be responsible for all property you bring to the Event: the PAWF and/or the LOC will not be liable for any loss or damage to this property;
- Irrevocably release PAWF and the LOC from liability for any loss, injury or damage they may suffer in connection with your participation in the Event;
- Ensure that they participate in the Event with the permission of their parents or guardians in case they are minors
- Acknowledge that by not following the terms and conditions above mentioned sanctions may be imposed;
- Agree that entry is subject to payment of all fees, including entry, anti-doping, accommodation, food, and transportation fees prior to use of any LOC or PAWF facility, or for airport transportation;
- Acknowledge that no accommodation or arrangement is guaranteed until it is received full payment in advance;
- All participating Federations must assume full moral and financial responsibility for their registered/accredited delegates regarding to their health and well-being, and in the event of accidents or damage not attributable to the LOC.



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COMPETITION EQUIPMENT

The competition equipment to be used will be endorsed by the International Federation (IWF).

TECHNICAL OFFICIALS MEETING

Date: 7/12/2025

Place: Salón MANATI

DOPING CONTROL

Will be carried out by the National Anti-Doping Agency NADO-DOM who is the National sampling authority in accordance with IWF Anti-Doping Rules

AWARDS

The three modalities (Snatch, Clean and Jerk) will be awarded with gold, silver and bronze medals for First, Second and Third places respectively.

The Best Male and Female Team will be awarded a Trophy.

The Best Lifter, Male and Female, will be awarded a Trophy.

TECHNICAL OFFICIALS

These will be chosen by the PAWF (and approved by the IWF), and are exempt from paying for accommodation, food and internal transport.

According to the current regulations, participating delegations that arrive with full teams may accredit up to two (2) Referees with international license (Cat. 1 or 2), one (1) man and one (1) woman and those who arrive with incomplete equipment may accredit one (1)

INTERNAL TRANSPORTATION

The Organizing Committee will provide transportation from Las Americas International Airport and from Higüero, to the host hotel, both upon arrival and return from the host hotel to these Airports.

IMPORTANT INFORMATION

The temperature in Juan Dolio and Santo Domingo for the days of the competitions will be in an average of 30° - 33° degrees Celsius.

Electricity in the Dominican Republic is 110 volts.

The local currency is the Dominican Peso and its exchange rate per dollar will be ≈ DOP60.90 x 1 U\$.

INSURANCE

All participating Federations are morally and financially responsible for their delegations in relation to their health and well-being and in case of any accident or damage, these will not be attributed to the Organizing Committee.



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VISA

We ask that you process your visa at your country's consulate, if needed. For any information, please email luig45@yahoo.com by October 6, 2025.

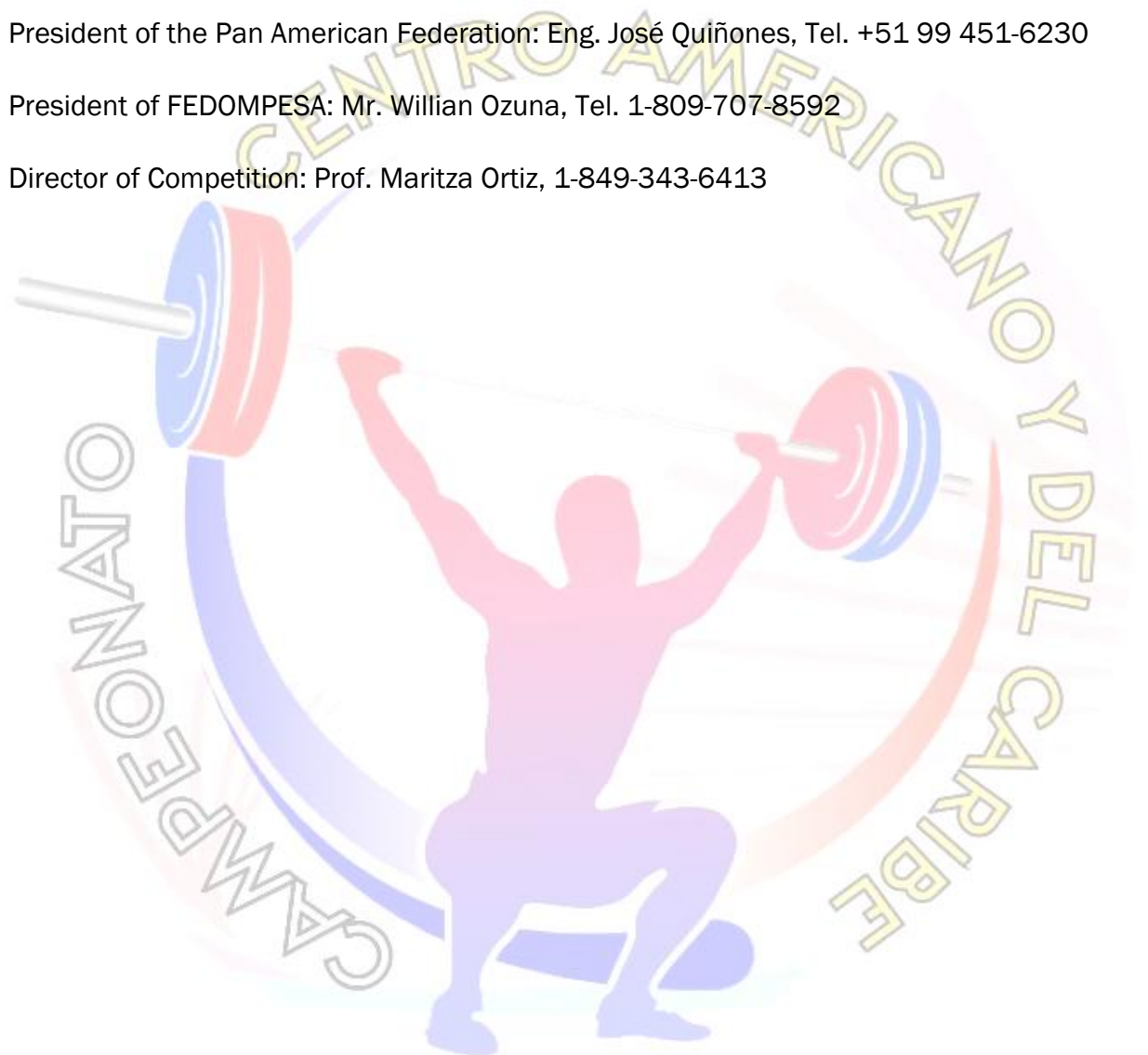
CONTACT INFORMATION

Dominican Weightlifting Federation: fedompesa@gmail.com

President of the Pan American Federation: Eng. José Quiñones, Tel. +51 99 451-6230

President of FEDOMPESA: Mr. Willian Ozuna, Tel. 1-809-707-8592

Director of Competition: Prof. Maritza Ortiz, 1-849-343-6413





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CALENDARIO PRELIMINAR/ PRELIMINARY CALENDAR

Sujeto a cambios en la Verificación final / Subject to Final Verification

FECHA DATE	ACTIVIDAD / HORA ACTIVITY / TIME				
Lunes 1 Monday 1	Verificación Final / Final Verification (Online)				
Sábado 6 Saturday 6	Llegada de Delegaciones / Delegations Arrival				
Domingo 7 Sunday 7	Reunión Delegados 09:00 / Delegates Meeting 09:00				
	Taller Antidopaje 10:00 / Antidoping Workshop 10:00				
	Reunión Oficiales Técnicos 10:00 / Technical Officials Meeting 10:00				
	Inauguración 17:00 / Opening Ceremony 17:00				
	Pesaje Weigh In	Competencia Competition	Género Gender	Categoría BW Cat.	Grupo Group
Lunes 8 Monday 8	10:00	12:00	Hombre/Men	60	A
	12:00	14:00	Mujer/Women	48	A
	14:00	16:00	Hombre/Men	65	A
Martes 9 Tuesday 9	10:00	12:00	Mujer/Women	53	A
	12:00	14:00	Mujer/Women	58	A
	14:00	16:00	Hombre/Men	71	A
Miércoles 10 Wednesday 10	10:00	12:00	Mujer/Women	63	A
	12:00	14:00	Hombre/Men	79	A
	14:00	16:00	Hombre/Men	88	A
	16:00	18:00	Mujer/Women	69	A
Jueves 11 Thursday 11	10:00	12:00	Hombre/Men	94	A
	12:00	14:00	Mujer/Women	77	A
	14:00	16:00	Hombre/Men	110	A
	16:00	18:00	Mujer/Women	86	A
Viernes 12 Friday 12	8:00	10:00	Hombre/Men	110+	A
	10:00	12:00	Mujer/Women	86+	A
	Ceremonia de Clausura 20:00 / Closing Ceremony 20:00				
Sábado 13 Saturday 13	Salida de las Delegaciones / Delegations Departure				